IMPORTANT: RELEASE AND WAIVER OF LIABILITY AND INDEMNITY

Read this document carefully before signing.

AS CONSIDERATION for the right to participate in Thomas'® National Public Lands Day Trail Cleanup Event (the "Activity") and fully understanding the risk of injury while participating in the Activity, I hereby, for myself, my heirs, executors, administrators, assigns, or personal representatives, knowingly and voluntarily enter into this waiver and release of liability and hereby waive any and all rights, claims or causes of action of any kind whatsoever arising out of my participation in the Activity, and do hereby release and forever discharge Inspira Marketing, located at 50 Washington St, Suite 1, Norwalk, Connecticut 06854, Vault Communications, located at 610 W Germantown Pike #160, Plymouth Meeting, PA 19462 and Bimbo Bakeries USA, Inc., located at 255 Business Center Drive, Horsham, Pennsylvania 19044, their respective affiliates, managers, members, agents, staff, volunteers, representatives, successors and assigns (collectively, "Released Parties"), for any physical or psychological injury, including but not limited to illness, paralysis, death, damages, economical or emotional loss, that I may suffer as a direct result of my participation in the aforementioned Activity. This waiver is intended to be as broad and inclusive as is permitted by the law of the State of Pennsylvania. I AM VOLUNTARILY PARTICIPATING IN THE AFOREMENTIONED ACTIVITY AND I AM PARTICIPATING IN THE ACTIVITY ENTIRELY AT MY OWN RISK. I AM AWARE OF THE RISKS ASSOCIATED WITH PARTICIPATING IN THIS ACTIVITY, WHICH MAY INCLUDE, BUT ARE NOT LIMITED TO, PHYSICAL OR PSYCHOLOGICAL INJURY, PAIN, SUFFERING, ILLNESS, DISFIGUREMENT, TEMPORARY OR PERMANENT DISABILITY (INCLUDING PARALYSIS), ECONOMIC OR EMOTIONAL LOSS, AND DEATH, I UNDERSTAND THAT THESE INJURIES OR OUTCOMES MAY ARISE FROM MY OWN OR OTHERS' NEGLIGENCE, AND THE CONDITION OF THE ACTIVITY, LOCATION AND DEVICE. NONETHELESS, I ASSUME ALL RELATED RISKS. BOTH KNOWN OR UNKNOWN TO ME. OF MY PARTICIPATION IN THIS ACTIVITY.

I agree to indemnify and hold harmless Inspira Marketing, Vault Communications, & Bimbo Bakeries USA, Inc. (collectively, the "Parties") against any and all claims, suits or actions of any kind whatsoever for liability, damages, compensation or otherwise brought by me or anyone on my behalf, including attorney's fees and any related costs, if litigation arises pursuant to any claims made by me or by anyone else acting on my behalf.

If the Parties incurs any of these types of expenses, I agree to reimburse the Parties. I acknowledge that the Parties and their directors, officers, volunteers, representatives and agents are not responsible for errors, omissions, acts or failures to act of any party or entity conducting this activity on behalf of the Parties.

PHYSICAL AND MENTAL LIMITS AND MAY CARRY WITH IT THE POTENTIAL FOR DEATH, SERIOUS INJURY, AND PROPERTY LOSS. The risks may include, but are not limited to, those caused by terrain, facilities, temperature, condition of participants, equipment, and the negligent actions of others, including but not limited to, participants, volunteers, spectators, event officials and event monitors, and/or producers of the event.

I ACKNOWLEDGE THAT I HAVE CAREFULLY READ THIS "WAIVER AND RELEASE" AND FULLY UNDERSTAND THAT IT IS A RELEASE OF LIABILITY. I

EXPRESSLY AGREE TO RELEASE AND DISCHARGE the Released Parties and all of their respective affiliates, managers, members, officers, agents, staff, volunteers, representatives, successors and assigns, from any and all claims or causes of action and I agree to voluntarily give up or waiver any right that I otherwise might have to bring a legal action against any of them for personal injury or property damage.

injury or property damage.	
In the event that I should require medical care or	· · ·
for any costs incurred as a result of such treatment	nt. I am aware and understand that I should carry
my own health insurance. In the event that any da	amage to equipment or facilities occurs as a
result of my or my family's willful actions, neglections	ct or recklessness, I acknowledge and agree to
be held liable for any and all costs associated with	h any actions of neglect or recklessness.
This Agreement was entered into without duress	or coercion, is to be interpreted as an agreement
between two parties of equal bargaining strength,	
Agreement. Both I,	(participant's name), the Parties agree
Agreement. Both I, that this Agreement is clear and unambiguous as	to its terms, and that no other evidence will be
used or admitted to alter or explain the terms of the	
based on the language in accordance with the pur	<u> </u>
In the event that any provision contained within t	
severable or invalid, or if any term, condition, ph	,
determined to be unlawful or otherwise unenforce	
remain in full force and effect, so long as the clau	,
parties. If a court should find that any provision of	
but that by limiting said provision it would becon	•
shall be deemed to be written, construed and enfo	, <u>*</u>
I, the undersigned participant, affirm that I am of	
freely signing this agreement. I certify that I have	•
contents and that this release cannot be modified	
liability and a contract and that I am signing it of	•
Participant's Name:	
Participant's Address:	
Participant's Signature:	
Participant's Date:	
PARENT / GUARDIAN WAIVER FOR MINOR	S
In the event that the participant is under the age o	of consent (18 years of age), then this release
must be signed by a parent or guardian, as follow	S:
I hereby certify that I am the parent or guardian o	of, named
I hereby certify that I am the parent or guardian o above, and do hereby give my consent without re	servation to the foregoing on behalf of this
individual.	-
Parent/Guardian Name:	
Relationship to Minor:	
Signature:	
Date:	